The McChord Way...Excellence, Innovation, Respect

62 AW/CC Roll Call

23 Nov 2016

Team McChord,

I hope you enjoyed Wingman Day last Friday. Chief Mazid and I were on a mission that culminated with the returning of several fallen Airmen to Dover AFB. This was a very humbling experience. Our profession of arms brings many challenges into our professional and personal lives. Learning how to cope with these challenges is important for our well-being. I hope the theme of **Resiliency** came through in your experience last Friday. Resiliency is about bouncing back and being able to recover from adversity. One of our top priorities is to...**Develop and Care for Airmen and Their Families,** and being able to handle the stressors of military life is, without a doubt, crucial to our mission success.

For many of us, this week is a short workweek. As we head into the start of the holiday season with Thanksgiving on Thursday, now is a great time to pause and reflect on the many things for which we can all be thankful. Whether you are enjoying a delicious Thanksgiving meal, watching football, or braving the Black Friday sales, remember to make good decisions and practice sound operational risk management. On behalf of all of our Team McChord leadership, I offer my *sincerest thanks* for what you do each and every day!

If you'd like to learn more about Resilience, please click HERE to access more information from our Airmen Resilience Center

Leonard J. Connete

Leonard J. Kosinski, Col, USAF Commander

<u>On the Horizon...</u>

See the current McChord Bulletin for the 5 W's on upcoming events <u>HERE</u>



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Integrity First, Service Before Self, Excellence In All We Do