# McCHORD

### Innovative Airmen...Airlift Excellence...Respect For All!

#### 62 AW/CC Roll Call

### 23 January 2014

## Team McChord,

This past Monday, we celebrated the life and legacy of a man who truly epitomized **Respect For All**. Dr. Martin Luther King Jr. lived in a time where the American Dream was being denied to millions of people solely based on the color of their skin. His use of non-violent resistance shined a bright spotlight on segregation and highlighted the need for change. Today, as we work to instill a <u>culture</u> <u>of dignity and respect</u> in our Air Force, we should reflect on Dr. King's courage to confront the status quo. It's not easy to speak up when a co-worker has had too much to drink, says something inappropriate, or harms others. But displaying that type of courage will lead us to a place where every member of Team McChord feels valued and respected. Dr. King once said, "History will have to record that the greatest tragedy of this period of social transition was not the vitriolic words and the violent actions of the bad people, but the appalling silence and indifference of the good people." Instead of being silent or indifferent, **be the kind of person who speaks up for what is right** and who makes a difference in the lives of others.

#### **Military Crisis Line**

One way that we can show dignity and respect to others is to provide support in a personal crisis. If you're



experiencing a personal crisis or know a service member who is facing a difficult situation, there are many ways to seek help. One resource is the **Military Crisis Line**, which provides confidential help via phone call or internet chat for service menbers. Call 1-800-273-8255, text 838255, or visit http://www.militarycrisisline.net for more information.



#### **DISASTER PREPAREDNESS DAY**

This Saturday, 25 January, the McChord Library and American Red Cross will be hosting JBLM's annual Disaster Preparedness Day! Classes will be offered for Seniors (1030), Children (1300),

and Adults (1430) throughout the day. This is an excellent opportunity to brush up first aid skills, natural disaster response, and local emergency services. In order to guarantee a spot, register by calling 253-982-3454 or visit goo.gl/9By4Pf.



**PROFESSIONALS OF THE WEEK** 

SSgt Bambi Farrell, 627 CS



SrA Peter Kang, 627 CS

Learn more at: http://www.62aw.af.mil/news









www.facebook.com/62ndairliftwingcommander

Integrity First, Service Before Self, Excellence In All We Do