McCHORD

Airlift Excellence...Right Here...Right Now!

62 AW/CC Roll Call

24 October 2013

Team McChord,

You often hear me emphasize the importance of having an **Adaptive and Innovative Mindset**. Even though the government shutdown and default has been averted for now, we are not out of the woods just yet. We must continue to entertain bold and creative ways to save money, much like the way **TSgt Jennifer Britton** from the 62 CPTS did earlier this year. TSgt Britton did a 62 AW cell phone cost reduction study and spent numerous hours analyzing our government cell phone plans and usage rates. She found that many of our cell phone plans were not consistent with how our phones were being used. She also discovered that we were paying for phones that were not even in service! By updating our plans and canceling features that we did not need, we will now save about **\$40,000** a year! This is a great example of the innovative mindset needed to make the most of our budget. To learn more about what other Airmen are doing and how you can still submit ideas at an Air Force level, see VCSAF General Spencer's message regarding <u>Airmen Powered by Innovation</u>.

Professionals of the Week



SSgt Brian Urquhart, 7 AS



A1C Brock Wranik, 7 AS

Learn more at:

Changes to the Air Force Fitness Program!

The new Air Force Instruction regarding our Fitness Program has gone into effect as of 21 October and there are several changes that you should know. Changes have been made to the abdominal circumference portion of the physical fitness test, the passing standards have been adjusted for Airmen who can only test on one component of the fitness assessment, and the walk test has been simplified (no heart rate monitoring). For all other changes to our Fitness Program, please review AFI 36-2905. Finally, I will add that Air Force senior leaders are taking a hard look at how we document fitness in our performance reports and I will share the results of their efforts as soon as they become available.

JBLM Community Needs Survey - Ends 31 October!

The community needs survey has been extended due to a lack of Air Force participation. This <u>survey</u> was created to provide base leadership and our local communities information about your **preferences** and **needs** for services, recreation, housing, traffic, and other important issues. Please take 10 minutes to complete the survey so we can better assist you and your families. This survey is for <u>uniformed service members</u>, their <u>spouses</u>, and <u>civilians</u> working or residing on JBLM.







